

Submitted Testimony from Wendy Foster  
HB 5771: An Act Authorizing Pharmacists to Dispense 90 Day Prescriptions

My name is Wendy Foster and I am an Ambassador for the US Pain Foundation. I am also a patient who is on multiple medications. I'm here because I support House Bill #5771: An Act Authorizing Pharmacists to Dispense 90 Day Prescriptions. The proposed bill would allow a pharmacist to dispense up to a ninety-day prescription supply to a patient after the patient's initial thirty-day supply has been used, subject to certain conditions. I thank Representative Linda A. Orange, a friend of the US Pain Foundation, for sponsoring this important piece of legislation.

For me personally, filling a 90-day prescription would cost less (savings in copays), it would save me and Tippy time by not having to trek out to the pharmacy, and most importantly, it would enable me to stay compliant on my medication so that I don't procrastinate in filling my prescription or even forget.

I recently saw an online piece from ExpressScripts and their Pharmacy Options newsletter. They did a great job summarizing the benefit to patients on the 90-day fill option vs. the traditional 30-day process. They used the words: better care, greater savings, and more convenience. It also said that with 90-day fills, instead of 12 chances per year to forget a refill, now there are only four. They also echoed what I said to you earlier, patients are more adherent to their therapy, and they are achieving better health outcomes. The stats they used were eye opening, too.

- In 2013, \$329 billion was spent on unnecessary medical bills in the US that could have been avoided if patients would have taken the medicine their physicians prescribed.
- And one out of every 10 instances of medication nonadherence was caused by a patient simply being late to get a pharmacy refill.

They said part of the problem is the standard 30-day fill. I am happy that the largest pharmacy benefit management organization in the United States is on the side of the patient and agrees that allowing a pharmacist to dispense up to a ninety day prescription supply to a patient after the patient's initial thirty day supply has been used is the right thing to do.

Thank you for your support of HB 5771.

Respectfully Submitted,  
Wendy Foster